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The Cornerstone

Volume 30 The Foundation Newsletter June 2002

"The crisis is upon us, friends. Our sport is in trouble. Many of you, that love the game as we do, will look at the crisis like a friend who is in trouble and needs our help. We must not shrink from the task before us, we should welcome it. It is 'our' generation that has been called to the challenge. If not now, when? If not us, who?"

Letter From The Editor:

The majority of this month's printed newsletter is the member list. You can view the on-line list at: http://www.foundation300.com/asp/m_complete_list.aspx

Membership Report

We have members in 38 countries, including the United States:

*Argentina Australia Belgium Canada China Columbia Costa Rica Denmark Finland
 Germany Great Britain Greece Guam Guatemala Hong Kong Ireland Israel Japan Korea
 Malaysia Mexico The Netherlands Philippines N. Ireland New Zealand Panama
 Puerto Rico Qatar Singapore South Africa Sweden Switzerland
 Taiwan Thailand U.A.E. Ukraine Venezuela*

Foundation Members 1053

Founding: Original paid member (365)

Pro Shop: paid members (10)

Associate: non-paying member (407)

Bowling Center: paid members (12)

Charter: paid member (251)

Corporate: paid members (8)

Thank you to our 50 Continuing Contributors!

Membership By The Numbers

Number of Members who have joined each year:

1998 - 504
1999 - 236
2000 - 108
2001 - 154
2002 - 48 (*January-May*)

There are 118 International Members

Argentina 1
Australia 7
Belgium 2
Canada 6
Chile 4
China 2
Columbia 1
Costa Rica 1
Denmark 2
Finland 5
Germany 2
United Kingdom 8
Greece 4
Guam 1
Guatemala 2
Hong Kong 8
Ireland 1
Israel 3
Japan 4
Korea 2
Malaysia 7
Mexico 2
Netherlands 3
New Zealand 3
N. Ireland 1
Panama 1
Philippines 5
Puerto Rico 9
Qatar 1
Singapore 3
South Africa 1
Sweden 7
Switzerland 1
Taiwan 1
Thailand 2
U.A.E. 2
Ukraine 1
Venezuela 2

There are 931 Members In The U.S. (all 50 states)

Alaska (AK) 1
Alabama (AL) 6
Arkansas (AR) 2
Arizona (AZ) 9
California (CA) 58
Colorado (CO) 8
Connecticut (CT) 2
Delaware (DE) 1
Florida (FL) 287
Georgia (GA) 12
Hawaii (HI) 2
Idaho (ID) 2
Illinois (IL) 43
Iowa (IA) 12
Indiana (IN) 33
Kansas (KS) 26

Kentucky (KY) 6
Louisiana (LA) 3
Maine (ME) 6
Maryland (MD) 12
Massachusetts (MA) 4
Michigan (MI) 65
Minnesota (MN) 6
Mississippi (MS) 1
Missouri (MO) 16
Montana (MT) 19
North Carolina (NC) 12
North Dakota (ND) 3
Nebraska (NE) 7
New Hampshire (NH) 1
New Jersey (NJ) 20
New Mexico (NM) 2
Nevada (NV) 10
New York (NY) 37
Ohio (OH) 40
Oklahoma (OK) 8
Oregon (OR) 13
Pennsylvania (PA) 25
Rhode Island (RI) 2
South Carolina (SC) 6
South Dakota (SD) 3
Tennessee (TN) 4
Texas (TX) 41
Utah (UT) 2
Virginia (VA) 15
Vermont (VT) 2
Washington (WA) 11
Wisconsin (WI) 19
West Virginia (WV) 4
Wyoming (WY) 2

Parker Bohn and Herbert Caswell

1000 th Foundation Member Meets His Idol

In December 2001, by virtue of becoming the 1000 th member of The Foundation, **Herbert Caswell** was rewarded a free training session at The Kegel Training Center. At the time of his lesson, we noticed his uncanny similarities to the style of **Parker Bohn**. When we asked him about this, it turned out that Parker was his favorite player and also his bowling idol. Parker, after hearing about his avid admirer, requested the use of the training facility to give a *personal* lesson to Herbert. Even Parker was amazed by the likeness between their bowling styles. Herbert's goals are to finish college and then try to go out and compete with Parker on the PBA Tour. Congratulations to Herbert and on behalf of bowling we would like to thank Parker for being one of the nice guys.

Last month we talked about who has trained here. This month I would like to take some time to talk about some of the things people work on the most. We work with bowlers of all averages and styles. Using video technology and C.A.T.S. ®, we can analyze your game in depth.

One of the primary things that we do is refitting the way the bowling ball fits the hand. In the urethane day of bowling, we wanted a grip that caused us to get a lot of burn off of the fingers. We needed to create a lot of rotation and with the "burn-on-the-fingers" we were better able to accomplish this. With all of the new stronger cover-stocks that have been created, we now look for a softer feel in our hands. We like *less* burn off of the fingers and a smoother, more natural release. If we have a release that induces a lot of added rotation, we will tend to see a lot of over/under reactions especially on tighter conditions. We almost never fit someone and find that they need less than 1/8 th of an inch reverse in their fingers. With stiffer finger joints we have found the need to use as much as 1-inch reverse pitch for the fingers. When we move the finger pitches to better accommodate the lighter grip pressure, the relationship between the fingers and thumb dictates that we need less reverse in the thumb. The reverse pitch in the thumb can be drastically reduced. There are very few players that we recommend any more than ¼ reverse pitch in the thumb. Some power players that create a lot of rotation have had trouble adapting to this change in feel, but for most players the *feel* changes their game drastically. Often, players who couldn't ever bowl more than a few games without their hand and arm getting tired and sore are able

to bowl for much longer. Just remember with all the strength naturally in the coverstocks today: **LESS IS MORE!!**

The next major issue is fine tuning "*timing*" to fit your style of bowling. Crankers, for the best performance, should have slightly *later* timing. Stokers should have slightly earlier timing. By using the video we can see exactly where your timing is and help you to solidify it into what works best for your game. By adjusting the shape of the pushaway and where the ball drops into the swing in relation to your footwork, we can perfect your timing to better suit your style of play. We like to see a nice rounded shape in the pushaway. Many times we see in this part of the game that having a bad fit can greatly reduce your chances of being able to have a good relaxed armswing. With a good grip, it is easier to have a loose armswing. If your pushaway is *too high* or *too low*, it can get the ball into the swing too early or too late and result in timing inconsistencies.

Take these tips and work them into your own game. If you have any questions about specific things in your particular game, make sure you visit www.kegeltrainingcenter.com and post your specific question on the forum. One of our coaches will be sure to answer it. Or email me at brent.sims@kegel.net

Thanks and Good Luck

Continuing Contributors

The Foundation is actually a "group of people" from all over the World who are sincerely interested in bringing *integrity* and *credibility* to the Sport of Bowling.

The Foundation is a non-profit organization dedicated to researching the problems that exist in our Sport. We report all of our findings (in one central location) for the whole World to see.

Basically, the Kegel Company funds the entire project. However, there are people who want to help by doing something extra. Listed below are those individuals who have been able to help in an additional way through contributions to The Foundation. We thank them for their support.

Andrew Aiezza, Castleton NY
Vinnie Atria, Louisville KY
Bill Baker, Watauga TX
John Bickford, Fort Edward NY
Tom Blasco, Satellite Beach FL
Alayne Blomenberg, Cranston RI
Fred Borden, Akron OH
Phillip Cary, Oakland CA
Doug Chase, N. Easton MA
Mary Chase, N. Easton MA
Butch Dangel, Maspeth NY
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John Davis, Sebring FL
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David Ozio, Beaumont TXS
Gary Parsons, Suitland MD
Fico Perez, Levittown Puerto Rico
Kurt Pilon, Warren MI

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Thomas Underwood, Long Beach CA
John Weber, St. Charles MO
Lindsey Wong, Mountain View CA
Sam Zurich, Palm Bay FL

Corporate Sponsors

The problems that exist in our Sport are "industry-wide" problems that must be addressed by the entire Industry. The Foundation does all that they can to help, but we can NOT do it alone.

As of this writing (June 2002), The Foundation has well over 1000-Members who have joined-in to assist. Some Members (Founding and Charter) have paid to show their support. Some Members (Associates) have just lent their "voice". ALL of the members are important.

Even though The Foundation has NOT actively solicited bowling-related companies for help, some realize the importance of our "Mission" and have come forward with *donations*. We recognize the following companies for their loyalty and support to bowling.

- KEGEL •
- I.B.P.S.I.A. •
- KAT Travel •
- Classic Products •
- Bobs' Business, Inc. •
- Vincennes University •
- Wichita State University •
- International Bowling Industry Magazine •

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